

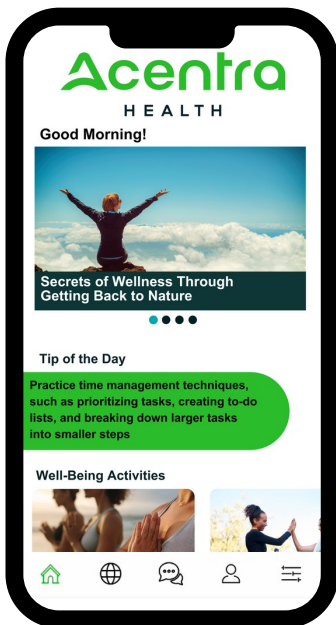


Acentra Connect

ON-DEMAND MENTAL
HEALTH & WELLBEING APP



Acentra Connect delivers on-demand resources to help you manage your wellbeing with useful tips, relevant articles, assessments, and motivational exercises. Access your mental and behavioral health services including Tess and TalkNow® via the app to get the personal attention and immediate care you need. *Acentra Connect* is secure, confidential, and available 24/7.



3 Easy Steps to Get Help

Resources and services at your fingertips.

1

Download *Acentra Connect*

Download the app from the Apple or Google Play Store and use your Organization ID to create an account.

2

Create Your Account

Use your Organization ID, full name, and email to register.

3

Start Exploring

Update your profile, browse the resources, get immediate help, and save your favorite articles.

Acentra Connect's Wellbeing Impact

Reach your full potential with *Acentra Connect*. Find resources that help you:



Stay
Balanced



Reduce
Stress



Be
Resilient



Org ID: Georgia

Download the app
today for on-demand
access & resources

